Exhibit 29

Codes	Dates of Service →	1			12/10	Date Plan Established
97010	Hot / cold pack	<u> </u>			X	12/10/10
97014	Electrical Muscle	1			X	Month/Year
]	Stimulation			_		DEC 2010
97035	Ultrasound(each area)				X	Last Name
97033	Iontophoresis (15 min. each)					
97018	Paraffin Bath			_		
97034	Contrast Bath					
97022	Whirlpool					
90901	Biofeedback					Date of Birth Sex
97016	Vasopneumatic Therapy					M
97140	Manual Therapy				X	
97124	Massage					<u>Diagnosis</u>
97112	Neuromuscular Re-					CERVICAL STRAIN, L
	education		<u> </u>			SCAPULAR
97530	Transfer/Bed Mob Training					INSTABILITY, L
97116	Gait Training					SHOULDER STRAIN
97110	Therapeutic Exercise 15 min		<u> </u>		Х	<u>Physician</u>
97110-	Therapeutic Ex Add 15 min					Dr. WEINGARTEN
1			<u></u>			
97704	Orthotic Training 15 min		 ļ			<u>Insurance</u>
97520	Prosthetic Training 15 min		 ļ	<u></u>		
97012	Traction Mechanical					
97542	W/C Management					Co-Insurance
97003	OT Evaluation		 	ļ <u>.</u>	Х	
97004	OT Re-evaluation	ļ	 <u> </u>			
95831	Manual Muscle testing		 	<u> </u>		
95851	ROM Measurement			<u> </u>		<u>Therapist</u>
97532	Cognitive Skills Training		 	L		
97530	Therapeutic Activities		<u> </u>	ļ		Treatment:
97535	Self Care Mngmnt Training		 		<u>X</u>	As per POC
	Splint Education	 	 	 		
	Splint charge	<u> </u>	 			
	Therapist Initials	L				

Assessment: (in SOAP format)

S: Patient states: "I am stiff and sore in my neck and shoulders, I have a lot of headaches" Pain level in CS 7-8/10 on 0-10 scale.

A: Patient demo with dec pain, tend in neck msls this week. Patient needed frequent rest breaks in between tx sessions. Tolerated tx well with min- mod discomfort.

P: Continue with POC to achieve set goals.

Therapise's Signature

A Signature

Mor on L

O: Patient was evaluated in 30 min and POC established. Patient received 1 tx sessions this week with the following modalities: IFC with MHP to CS, STM with MFR to CS, jt mobs with grade 1 & 2 to CS, US to CS/trapezuis msl groups 1 mhz w/cm2. Patient fn status is as follows: Tenderness at CS 4-/5on 0-5 scale. Spasm at B upper & lower Trapezius is 4/5 at 0-5 scale. Manual ms strength at C.S 2+/5 on 0-5 scale. Endurance poor+. Pt is unable to cook and clean the house, c/o pain mod/max difficulty during dressing and grooming, unable to sleep on sides >5min, sit to watch TV >10 min. ADL task Feeding independent, Grooming max-mod A, Washing UB max A- mod A, LB mod A- min A, Dressing UB mod A, LB mod A- min A, Toileting independent, c/o pain during Bed mobility & transfers, ADL transfer sit to stand, tub - Independent. Pt is unable to look up, down & around .Demo with HEP.

Datas of Comico	T I			12/10	Date Plan Established
	 		+		12/10/2010
	 				
					Month/Year
I	ļ				DEC /2010
	ļ			ļ	Last Name
					<u> </u>
	<u> </u>				
			<u> </u>		
					Date of Birth Sex
Manual Therapy					MALE
Massage					<u>Diagnosis</u>
Neuromuscular Re-					LUMBAR STRAIN
education] []			
Transfer/Bed Mob Training			1		
Gait Training					
					Physician
					DR SAUL
•			ŀ		WEINGARDEN M.D
Orthotic Training 15 min			1		Insurance
Traction Mechanical					
W/C					Co-Insurance
Propulsion/Management					
PT Re-evaluation					
Manual Muscle testing					
ROM Measurement					Therapist
PT Evaluation				X	
\$					Treatment:
		-	† <i>-</i>		As per POT
			1		1
Therapist Initials					
	Neuromuscular Reeducation Transfer/Bed Mob Training Gait Training Therapeutic Exercise 15 min Therapeutic Ex Add 15 min Orthotic Training 15 min Traction Mechanical W/C Propulsion/Management PT Re-evaluation Manual Muscle testing ROM Measurement	Hot / cold pack Electrical Muscle Stimulation Ultrasound(each area) Iontophoresis (15 min. each) Paraffin Bath Whirlpool Biofeedback Manual Therapy Massage Neuromuscular Reeducation Transfer/Bed Mob Training Gait Training Therapeutic Exercise 15 min Therapeutic Ex Add 15 min Orthotic Training 15 min Traction Mechanical W/C Propulsion/Management PT Reevaluation Manual Muscle testing ROM Measurement PT Evaluation	Hot / cold pack Electrical Muscle Stimulation Ultrasound(each area) Iontophoresis (15 min. each) Paraffin Bath Whirlpool Biofeedback Manual Therapy Massage Neuromuscular Reeducation Transfer/Bed Mob Training Gait Training Therapeutic Exercise 15 min Therapeutic Ex Add 15 min Orthotic Training 15 min Traction Mechanical W/C Propulsion/Management PT Re-evaluation Manual Muscle testing ROM Measurement PT Evaluation	Hot / cold pack Electrical Muscle Stimulation Ultrasound(each area) Iontophoresis (15 min. each) Paraffin Bath Whirlpool Biofeedback Manual Therapy Massage Neuromuscular Reeducation Transfer/Bed Mob Training Gait Training Therapeutic Exercise 15 min Therapeutic Ex Add 15 min Orthotic Training 15 min Traction Mechanical W/C Propulsion/Management PT Re-evaluation Manual Muscle testing ROM Measurement PT Evaluation	Hot / cold pack Electrical Muscle Stimulation Ultrasound(each area) Iontophoresis (15 min. each) Paraffin Bath Whirlpool Biofeedback Manual Therapy Massage Neuromuscular Reeducation Transfer/Bed Mob Training Gait Training Therapeutic Exercise 15 min Therapeutic Ex Add 15 min Orthotic Training 15 min Traction Mechanical W/C Propulsion/Management PT Re-evaluation Manual Muscle testing ROM Measurement PT Evaluation X X Inch Action A

Assessment: (in SOAP format)

S: pt is in the pain on his Lower back.
Pain level: Lumbar Spine 8/10 on 0-10 scale.

O: Patient received 1 tx session this week with the following modalities.

MHP to LS for 15 min, .

FN status: pain level at Lumbar is about 8/10 on 0/10 scale. The tenderness is about 4/5 on 0/5 scale @ Lumbar. Spasm is about 4/5 on 0-5 scale. AROM at Lumbar is restricted due to pain. MMT is about 3-/5 on 0-5 scale. Endurance is fair-. Balance static/dynamic: good. Patient has max pain with walking for > 10-15 mts. Pt has max difficulty with going up and down, max difficulty with getting from a low height chair, mod difficulty with going in and out of car also mod difficulty with bed mobility, moderate difficulty with grooming, dressing and max difficulty with over the head activities.pt has max difficulty to reach to floor to pick up an object due to pain.pt cannot lie on stomach /back for 10-15 mts and max/mod diff with sitting and standing for >10-15 mts. patient has mod difficulty with looking up and down, max difficulty with reaching behind back. HEP is given and bed mobility and safety exercises were thought.

A: Evaluation has done on the lower back

P: Continue with POC to decrease the pain and increase the ROM and Strength.

Codes	Dates of Service →				<u> </u>	12/17	Date Plan Established
97010	Hot / cold pack					X	12/10/10
97014	Electrical Muscle					X	Month/Year
	Stimulation		<u> </u>		.]	1	DEC 2010
97035	Ultrasound(each area)					X	Last Name
97033	Iontophoresis (15 min. each)						
97018	Paraffin Bath		1				
97034	Contrast Bath	Τ' -			7	1	
97022	Whirlpool				1	1	
90901	Biofeedback			1			Date of Birth Sex
97016	Vasopneumatic Therapy				1		
97140	Manual Therapy				i	X	
97124	Massage					i i	Diagnosis
97112	Neuromuscular Re-				 		CERVICAL STRAIN, L
	education_	1		l	1) i	SCAPULAR
97530	Transfer/Bed Mob Training			1	***		INSTABILITY, L
97116	Gait Training						SHOULDER STRAIN
97110	Therapeutic Exercise 15 min				i	X	Physician
97110-	Therapeutic Ex Add 15 min			T			Dr. WEINGARTEN
1					[!	
97704	Orthotic Training 15 min				1		Insurance
97520	Prosthetic Training 15 min						
97012	Traction Mechanical		Ĭ				i i
97542	W/C Management						Co-Insurance
97003	OT Evaluation						<u> </u>
97004	OT Re-evaluation						
95831	Manual Muscle testing						i li
95851	ROM Measurement						Therapist
97532	Cognitive Skills Training						
97530	Therapeutic Activities		<u> </u>				Treatment:
97535	Self Care Mngmnt Training					X	As per POC
	Splint Education						· ·
	Splint charge						
	Therapist Initials						i i

Assessment (In SOAP format)

S: Patient states: "I am ok, doing my best" Pain level in CS 7-8/10 on 0-10 scale.

O: Patient received 1 tx sessions this week with the following modalities: IFC with MHP to CS, STM with MFR to CS, jt mobs with grade 1& 2 to CS, US to CS/trapezuis msl groups 1 mhz w/cm2. Patient fn status is as follows: Tenderness at CS 4-/5on 0-5 scale. Spasm at B upper & lower Trapezius is 4/5 at 0-5 scale. Manual ms strength at C.S 2+/5 on 0-5 scale. Endurance poor+/fair-. Pt is unable to cook and clean the house, c/o pain mod/max difficulty during dressing and grooming, unable to sleep on sides >5min, sit to watch TV >10 min. ADL task Feeding independent, Grooming max-mod A, Washing UB mod A, LB mod A- min A, Dressing UB mod A, LB mod A- min A, Toileting independent, c/o pain during Bed mobility & transfers, ADL transfer sit to stand, tub - Independent. Pt is unable to look up, down & around .Demo with HEP. Pt educated on cervical and UE stretches to decrease pain and stiffness, pt able to demo all stretches and added to HEP

A: Patient demo with dec pain, tend in neck msls this week. Patient needed frequent rest breaks in between tx sessions. Tolerated tx well with min- mod discomfort.

P: Continue with POC to achieve set goals.

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Codes	Dates of Service →		12/17	Date Plan Established
97010	Hot / cold pack		Х	12/10/2010
97014	Electrical Muscle Stimulation		Х	Month/Year DEC/ 2010
97035	Ultrasound(each area)		Х	Last Name
97033	Iontophoresis (15 min. each)			
97018	Paraffin Bath			
97022	Whirlpool			
90901	Biofeedback			Date of Birth Sex
97140	Manual Therapy		X	Male
97124	Massage			<u>Diagnosis</u>
97112	Neuromuscular Re-education			LUMBAR STRAIN
97530	Transfer/Bed Mob Training			
97116	Gait Training			
97110	Therapeutic Exercise 15 min		Х	<u>Physician</u>
97110- 1	Therapeutic Ex Add 15 min			Dr WEINGARDEN M.D
97703	Orthotic Training 15 min			Insurance
97012	Traction Mechanical			
97542	W/C Propulsion/Management			Co-Insurance
97002	PT Re-evaluation			
95831	Manual Muscle testing			
95851	ROM Measurement			Therapist
97001	PT Evaluation			
				Treatment:
				As per POT
	Therapist Initials			

Assessment: (in SOAP format)

S: Pt feels little improvement on his lower back. Pain level: Lumbar 7-8/10 on 0-10 scale.

IFC with MHP to LS for 15 min, thx us includes 1Mhz @ 1.3w/cm2 to his Lumbar for 8 mts .Therapeutic massage to Lumbar for 10-15 mts .Therapeutic exercises are given

FN status: pain level at Lumbar is about 7-8/10 on 0/10 scale and Tenderness is about 3+/5 on 0/5 scale. Spasm at Lumbar 4/5 on 0-5 scale. Arom @Lumbar spine is restricted moderately due to pain. MMT is about 3-/5 on 0-5 scale Endurance Fair-. Balance static/dynamic: sitting good. pt has mod difficulty to go up & down stairs, mod difficulty to get in & out of the car and bath tub patient has max difficulty to get up from the low height chair also has mod difficulty with bed mobility. Pt has max difficulty to sleep on stomach for >15 mts, max difficulty to sit for >10-15 mins and max difficulty to stand >10mt. pt has Max difficulty in walking more than 5-7 mins. Patient has max/mod difficulty to reach for an object from floor due to pain

A: Pt felt good and continue therapy protocols to bring the pain down.

P: Continue with Skilled therapy to reach set goals.

Therapist Signature

O. Patient received 1 tx session this week with the following modalities.

Codes	Dates of Service →	1/21		Date Plan Established
97010	Hot / cold pack	x		12/10/2010
97014	Electrical Muscle Stimulation	X		Month/Year DEC/ 2010
97035	Ultrasound(each area)	Х		Last Name
97033	Iontophoresis (15 min. each)			
97018	Paraffin Bath			
97022	Whirlpool			
90901	Biofeedback			Date of Birth Sex
97140	Manual Therapy			Male
97124	Massage	X		Diagnosis
97112	Neuromuscular Re-education			LUMBAR STRAIN
97530	Transfer/Bed Mob Training			
97116	Gait Training			
97110	Therapeutic Exercise 15 min	X		Physician Physician
97110- 1	Therapeutic Ex Add 15 min			Dr WEINGARDEN M.D
97703	Orthotic Training 15 min			Insurance
97012	Traction Mechanical			
97542	W/C Propulsion/Management			Co-Insurance
97002	PT Re-evaluation	X		
95831	Manual Muscle testing			
95851	ROM Measurement			Therapist
97001	PT Evaluation			
				Treatment:
_				As per POT
	Therapist Initials			

Assessment: (in SOAP format)

S: My lower back is sore Lumbar 5/10 on 0-10 scale.

O. Patient received 1 tx session this week with the following modalities.

IFC with MHP to LS for 15 min,. thx us includes 1Mhz @ 1.3w/cm2 to his Lumbar for 8 mts .functional massage to Lumbar for 10-15 mts .Therapeutic exercises are given

FN status: pain level at Is is about 5/10 on 0/10 scale and tenderness is about 3/5 on 0/5 scale. spasm at Is 4/5 on 0-5 scale. arom @ls is restricted mildly due to pain..muscle power is about 4-/5 on 0-5 scale endurance fair-. balance static/dynamic: good.. pt has mod difficulty to go up & down stairs, mod difficulty to get in & out of the car .patient has mod difficulty to get up from the low height chair .also has min difficulty with bed mobility .pt has mod difficulty to sleep on stomach/back, for >30 mts, mod difficulty to sit for >30 mts and mod difficulty to stand for > 30 mt. patient has mod difficulty to reach for object from floor due to pain

A: patient came back to therapy after a month & is re evaluated needs more excs.

P: Continue with Skilled therapy to reach set goals.

Therapist Signature

Codes	- Delvice					1/21	Date Plan Established
97010	Hot / cold pack		<u> </u>	_		1,721 X	12/10/10
97014	Electrical Muscle					$\frac{\hat{x}}{x}$	Month/Year
	Stimulation	1				1 ^	DEC 2010
97035	Ultrasound(each area)		l 	+	- 	$+$ \times	Last Name
97033	Iontophoresis (15 min. each)			 	_	 ^	Last Ivaine
97018	Paraffin Bath		<u> </u>	 		 -	-
97034	Contrast Bath			+		+	-{
97022	Whirlpool	 		 -			
90901	Biofeedback	<u> </u>			- 	 	Deta (SP) (1
97016	Vasopneumatic Therapy	 				+	Date of Birth Sex
97140	Manual Therapy	 		+		X	M
97124	Massage	 			+	+	-
97112	Neuromuscular Re-	1		 	- 	 	<u>Diagnosis</u>
	education				1		CERVICAL STRAIN, L SCAPULAR
97530	Transfer/Bed Mob Training			 		 	INSTABILITY, L
97116	Gait Training			 	 	 	SHOULDER STRAIN
97110	Therapeutic Exercise 15 min				 	$\frac{1}{x}$	Physician Physician
97110-	Therapeutic Ex Add 15 min		-	†		1 -	Dr. WEINGARTEN
1						1	DI: WEINGARTEN
97704	Orthotic Training 15 min			-	1	 	Insurance
97520	Prosthetic Training 15 min				 		THE MARKET
97012	Traction Mechanical				-	 	1
7542	W/C Management						Co-Insurance
7003	OT Evaluation				 		<u>co-nisinance</u>
7004	OT Re-evaluation			·			
5831	Manual Muscle testing					-	[
5851	ROM Measurement						Therapist
7532	Cognitive Skills Training				 		<u>I nerapişt</u>
7530	Therapeutic Activities	···			 		Treatment:
7535	Self Care Mngmnt Training					X	As per POC
	Splint Education					^^ -	As per FOC
	Splint charge]
_ 1	Therapist Initials			•			

Assessment (In SOAP format)

S: Patient states: " Pain level in CS 7/10 on 0-10 scale.

O: Patient received 1 tx sessions this week with the following modalities: IFC with MHP to CS, STM with MFR

to CS, jt mobs with grade 1& 2 to CS, US to CS/trapezuis msl groups 1 mhz w/cm2. Bilateral shoulder wheel 10x 2 reps each, AROM exercises 10 x 2 reps each (all planes), Instruct with energy conservation and work simplification techniques, PRE's with yellow theraband bilateral shoulder/elbow flexion/extension.

nghfilledg norond A: Patient able to tolerate treatment well. Required frequent restbreaks between exercises. Demonstrated decreased pain tolerance at this time.

P: Continue with POC to achieve set goals.

2:14-cv-11700-PDB-MJH Doc # 1-30 Filed 04/29/14 Pg 8 of 21 Pg ID 348 22 C Y) 53 6

P.T. TREATMENT RECORD & PROGRESS NOTE, Week Ending:

Codes	Dates of Service →	1/28	Date Plan Esta	blished
97010	Hot / cold pack	х	12/10/2010	
97014	Electrical Muscle Stimulation	Х	Month/Year DEC/ 2010	
97035	Ultrasound(each area)	X	Last Name	
97033	Iontophoresis (15 min. each)			
97018	Paraffin Bath			
97022	Whirlpool			
90901	Biofeedback		Date of Birth	Sex
97140	Manual Therapy			Male
97124	Massage	X	<u>Diagnosis</u>	
97112	Neuromuscular Re-education		LUMBAR ST	RAIN
97530	Transfer/Bed Mob Training			
97116	Gait Training			
97110	Therapeutic Exercise 15 min	X	<u>Physician</u>	
97110- 1	Therapeutic Ex Add 15 min		Dr WEINGAR	DEN M.D
97703	Orthotic Training 15 min		Insurance	***************************************
97012	Traction Mechanical			
97542	W/C Propulsion/Management		<u>CoInsurance</u>	•
97002	PT Re-evaluation			
95831	Manual Muscle testing			
95851	ROM Measurement		Therapist	
97001	PT Evaluation			
			Treatment;	
			As per POT	
	Therapist Initials			

Assessment: (in SOAP format)

S: My lower back is stiff Lumbar 5/10 on 0-10 scale.

O. Patient received 1 tx session this week with the following modalities.

IFC with MHP to LS for 15 min, thx us includes 1Mhz @ 1.3w/cm2 to his Lumbar for 8 mts .functional massage to Lumbar for 10-15 mts .Therapeutic exercises are given

FN status: pain level at ls is about 5/10 on 0/10 scale and tenderness is about 3/5 on 0/5 scale. spasm at ls 4/5 on 0-5 scale. arom @ls is restricted mildly due to pain..muscle power is about 4-/5 on 0-5 scale endurance fair-. balance static/dynamic: good.. pt has mod difficulty to go up & down stairs, mod difficulty to get in & out of the car..patient has mod difficulty to get up from the low height chair. also has min difficulty with bed mobility.pt has mod difficulty to sleep on stomach/back, for >30 mts, mod difficulty to sit for >30 mts and mod difficulty to stand for > 30 mt. patient has mod difficulty to reach for object from floor due to pain

A: patient tolerated the treatment well

P: Continue with Skilled therapy to reach set goals.

Therapist Signature

Codes	Dates of Service →			T		1/28	Date Plan Established
97010	Hot / cold pack		 	 		X	12/10/10
97014	Electrical Muscle			 	 	1 X	Month/Year
- / - / -	Stimulation					'*	DEC 2010
97035	Ultrasound(each area)	-	<u> </u>			X	Last Name
97033	Iontophoresis (15 min. each)		<u> </u>	·	***************************************		
97018	Paraffin Bath	<u> </u>	<u> </u>	 	-	 	
97034	Contrast Bath	1		†			
97022	Whirlpool						1
90901	Biofeedback			1		<u> </u>	Date of Birth Sex
97016	Vasopneumatic Therapy	 			<u> </u>		M
97140	Manual Therapy	1	-	1 .		X	
97124	Massage	<u> </u>					Diagnosis
97112	Neuromuscular Re-						CERVICAL STRAIN, L
	education		İ				SCAPULAR
97530	Transfer/Bed Mob Training						INSTABILITY, L
97116	Gait Training						SHOULDER STRAIN
97110	Therapeutic Exercise 15 min					X	Physician
97110-	Therapeutic Ex Add 15 min					,	Dr. WEINGARTEN
1							
97704	Orthotic Training 15 min						<u>Insurance</u>
97520	Prosthetic Training 15 min				<u> </u>		
97012	Traction Mechanical			ļ	<u></u>		
97542	W/C Management						Co-Insurance
97003	OT Evaluation						
97004	OT Re-evaluation						
95831	Manual Muscle testing				<u> </u>		
95851	ROM Measurement						<u>Therapist</u>
97532	Cognitive Skills Training		,	ļ			
97530	Therapeutic Activities						Treatment:
97535	Self Care Mngmnt Training					X	As per POC
	Splint Education						
	Splint charge			ļ	ļ		
	Therapist Initials						

Assessment (In SOAP format)

- S: Patient states: "Pain level in CS 6-7/10 on 0-10 scale.
- O: Patient received 1 tx sessions this week with the following modalities: IFC with MHP to CS, STM with MFR to CS, jt mobs with grade 1& 2 to CS, US to CS/trapezuis msl groups 1 mhz w/cm2. Bilateral shoulder wheel 10x 2 reps each, AROM exercises 10 x 2 reps each (all planes), Instruct with ADL compensatory techniques, PRE's with yellow theraband bilateral shoulder/elbow flexion/extension.
- A: Patient able to tolerate treatment well. Required frequent restbreaks between exercises. Demonstrated decreased pain tolerance at this time.
- P: Continue with POC to achieve set goals.

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Codes	Dates of Service →					2/9	Date Plan Established
97010	Hot / cold pack				<u> </u>	X	12/10/10
97014	Electrical Muscle					X	Month/Year
	Stimulation	ļ	<u> </u>				DEC 2010
97035	Ultrasound(each area)	1	1			X	Last Name
97033	Iontophoresis (15 min. each)		ļ				
97018	Paraffin Bath						
97034	Contrast Bath						
97022	Whirlpool						1
90901	Biofeedback						Date of Birth Sex
97016	Vasopneumatic Therapy						
97140	Manual Therapy			1		X	
97124	Massage						Diagnosis
97112	Neuromuscular Re-				1		CERVICAL STRAIN, L
	education						SCAPULAR
97530	Transfer/Bed Mob Training			1	1		INSTABILITY, L
97116	Gait Training		1	1	···		SHOULDER STRAIN
97110	Therapeutic Exercise 15 min			1	1	X	Physician
97110-	Therapeutic Ex Add 15 min						Dr. WEINGARTEN
1							·
97704	Orthotic Training 15 min						Insurance
97520	Prosthetic Training 15 min	'					_
97012	Traction Mechanical		1	1			
97542	W/C Management						Co-Insurance
97003	OT Evaluation						<u>_</u>
97004	OT Re-evaluation			 			
95831	Manual Muscle testing		 				
95851	ROM Measurement			1			Therapist
97532	Cognitive Skills Training			1			
97530	Therapeutic Activities				1		Treatment:
97535	Self Care Mngmnt Training				1	X	As per POC
	Splint Education			1			•
	Splint charge				1		
	Therapist Initials						

Assessment (In SOAP format)

S: Patient states: "Pain level in CS 6/10 on 0-10 scale.

O: Patient received 1 tx sessions this week with the following modalities: IFC with MHP to CS, STM with MFR to CS, jt mobs with grade 1& 2 to CS, US to CS/trapezuis msl groups 1 mhz w/cm2. Bilateral shoulder wheel 15x 2 reps each, AROM exercises 10 x 2 reps each (all planes), Review with ADL compensatory techniques, PRE's with green theraband bilateral shoulder/elbow flexion/extension, scapula stretches/PROM

A: Patient able to tolerate treatment well. Required frequent restbreaks between exercises. Demonstrated decreased pain tolerance at this time.

P: Continue with POC to achieve set goals.

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Codes	Dates of Service →	02/09	Date Plan Established
97010	Hot / cold pack	X	12/10/2010
97014	Electrical Muscle Stimulation	Х	Month/Year DEC/ 2010
97035	Ultrasound(each area)	X	Last Name
97033	Iontophoresis (15 min. each)		
97018	Paraffin Bath		
97022	Whirlpool		
90901	Biofeedback		Date of Birth Sex
97140	Manual Therapy		Male
97124	Massage	X	Diagnosis
97112	Neuromuscular Re-education		LUMBAR STRAIN
97530	Transfer/Bed Mob Training		
97116	Gait Training		
97110	Therapeutic Exercise 15 min	X	Physician
97110- 1	Therapeutic Ex Add 15 min		Dr WEINGARDEN M.D
97703	Orthotic Training 15 min		Insurance
97012	Traction Mechanical		
97542	W/C Propulsion/Management		<u>Co-Insurance</u>
97002	PT Re-evaluation		
95831	Manual Muscle testing		
95851	ROM Measurement		Therapist
97001	PT Evaluation		
			Treatment:
			As per POT
	Therapist Initials		

Assessment: (in SOAP format)

S: am alright today

Lumbar 5/10 on 0-10 scale.

O. Patient received 1 tx session this week with the following modalities.

IFC with MHP to LS for 15 min, thx us includes 1Mhz @ 1.3w/cm2 to his Lumbar for 8 mts .functional massage to Lumbar for 10-15 mts .Therapeutic exercises are given

FN status: pain level at ls is about 5/10 on 0/10 scale and tenderness is about 3/5 on 0/5 scale. spasm at ls 3+/5 on 0-5 scale. arom @ls is restricted mildly due to pain..muscle power is about 4-/5 on 0-5 scale endurance fair-. balance static/dynamic: good .. pt has mod difficulty to go up & down stairs ,mod difficulty to get in & out of the car .patient has mod difficulty to get up from the low height chair .also has min difficulty with bed mobility .pt has mod difficulty to sleep on stomach/back , for >30 mts, mod difficulty to sit for >30 mts and mod difficulty to stand for >30 mt. patient has mod difficulty to reach for object from floor due to pain

A: patient tolerated the treatment well & is better with the muscle spasm

P: Continue with Skilled therapy to reach set goals.

Therapist Signature

						T	
Codes	Dates of Service →	\perp	**		ļ	2/17	Date Plan Established
97010	Hot / cold pack				<u> </u>	X	12/10/10
97014	Electrical Muscle			1		X	Month/Year
	Stimulation				<u> </u>		DEC 2010
97035	Ultrasound(each area)					X	<u>Last Name</u>
97033	Iontophoresis (15 min. each)						
97018	Paraffin Bath]		
97034	Contrast Bath						
97022	Whirlpool						[
90901	Biofeedback						Date of Birth Sex
97016	Vasopneumatic Therapy						M
97140	Manual Therapy					X	
97124	Massage						Diagnosis
97112	Neuromuscular Re-			·			CERVICAL STRAIN, L
	education						SCAPULAR
97530	Transfer/Bed Mob Training						INSTABILITY, L
97116	Gait Training						SHOULDER STRAIN
97110	Therapeutic Exercise 15 min	l l				X	<u>Physician</u>
97110-	Therapeutic Ex Add 15 min						Dr. WEINGARTEN
1							
97704	Orthotic Training 15 min						<u>Insurance</u>
97520	Prosthetic Training 15 min						i I
97012	Traction Mechanical						
97542	W/C Management						Co-Insurance
97003	OT Evaluation						
97004	OT Re-evaluation						
95831	Manual Muscle testing						
95851	ROM Measurement						<u>Therapist</u>
97532	Cognitive Skills Training				_		
97530	Therapeutic Activities						Treatment:
97535	Self Care Mngmnt Training					X	As per POC
	Splint Education						
	Splint charge						
	Therapist Initials						

Assessment (In SOAP format)

S: Patient states: "Pain level in CS 5-/10 on 0-10 scale.

O: Patient received 1 tx sessions this week with the following modalities: IFC with MHP to CS, STM with MFR to CS, jt mobs with grade 1& 2 to CS, US to CS/trapezuis msl groups 1 mhz w/cm2. Bilateral shoulder wheel 15x 2 reps each, AROM exercises 10 x 2 reps each (all planes), Review with ADL compensatory techniques, PRE's with green theraband bilateral shoulder/elbow flexion/extension, scapula stretches/PROM

A: Patient able to tolerate treatment well. Required frequent restbreaks between exercises. Demonstrated decreased pain tolerance at this time.

P: Continue with POC to achieve set goals.

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Codes	Dates of Service →	02/17		Date Plan Established
97010	Hot / cold pack	Х		12/10/2010
97014	Electrical Muscle Stimulation	X		Month/Year DEC/ 2010
97035	Ultrasound(each area)	X		Last Name
97033	Iontophoresis (15 min. each)			
97018	Paraffin Bath		-	
97022	Whirlpool			
90901	Biofeedback			Date of Birth Sex
97140	Manual Therapy	X		Male
97124	Massage			Diagnosis
97112	Neuromuscular Re-education			LUMBAR STRAIN
97530	Transfer/Bed Mob Training			
97116	Gait Training			
97110	Therapeutic Exercise 15 min			Physician
97110- 1	Therapeutic Ex Add 15 min			Dr WEINGARDEN M.D
97703	Orthotic Training 15 min			Insurance
97012	Traction Mechanical		-	
97542	W/C Propulsion/Management			Co-Insurance
97002	PT Re-evaluation			
95831	Manual Muscle testing			
95851	ROM Measurement			Therapist
97001	PT Evaluation			
				Treatment:
				As per POT
	Therapist Initials			

Assessment: (in SOAP format)

S: My lower back is ok today, but my shoulders bothers me Lumbar 5/10 on 0-10 scale.

O. Patient received 1 tx session this week with the following modalities.

IFC with MHP to LS for 15 min,. thx us includes 1Mhz @ 1.2w/cm2 to his Lumbar for 8 mts .functional massage to Lumbar for 10-15 mts .Therapeutic exercises are given

FN status: pain level at 1s is about 5/10 on 0/10 scale and tenderness is about 3/5 on 0/5 scale. spasm at 1s 3+/5 on 0-5 scale. arom @ls is restricted mildly due to pain..muscle power is about 4-/5 on 0-5 scale endurance fair-. balance static/dynamic: good .. pt has mod difficulty to go up & down stairs ,mod difficulty to get in & out of the car .patient has mod difficulty to get up from the low height chair .also has min difficulty with bed mobility .pt has mod difficulty to sleep on stomach/back, for >30 mts, mod difficulty to sit for >30 mts and mod difficulty to stand for > 30 mt. patient has mod difficulty to reach for object from floor due to pain.patient refused to do excs on Thursday due to some other appointments

A: patient tolerated the treatment well

P: Continue with Skilled therapy to reach set goals.

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Codes	Dates of Service →				2/24	2/25	Date Plan Established
97010	Hot / cold pack	<u> </u>	<u> </u>	<u> </u>	X	X	12/10/10
97014	Electrical Muscle	1	1		X	X	Month/Year
	Stimulation	_					DEC 2010
97035	Ultrasound(each area)				X	X	Last Name
97033	Iontophoresis (15 min. each)						
97018	Paraffin Bath						
97034	Contrast Bath				ŀ		
97022	Whirlpool						1
90901	Biofeedback	1					Date of Birth Sex
97016	Vasopneumatic Therapy						M
97140	Manual Therapy				X	X	
97124	Massage						Diagnosis
97112	Neuromuscular Re-						CERVICAL STRAIN, L
	education	i					SCAPULAR
97530	Transfer/Bed Mob Training						INSTABILITY, L
97116	Gait Training				1		SHOULDER STRAIN
<u>9</u> 7110	Therapeutic Exercise 15 min				X	X	Physician
97110-	Therapeutic Ex Add 15 min						Dr. WEINGARTEN
1							
97704	Orthotic Training 15 min						Insurance
97520	Prosthetic Training 15 min				1		1
97012	Traction Mechanical						
97542	W/C Management]					Co-Insurance
97003	OT Evaluation						
97004	OT Re-evaluation				I		1
95831	Manual Muscle testing						
95851	ROM Measurement		L				Therapist
97532	Cognitive Skills Training						
97530	Therapeutic Activities						Treatment:
97535	Self Care Mngmnt Training				Х	Х	As per POC
	Splint Education						-
	Splint charge			T	1		
	Therapist Initials						1

Assessment (In SOAP format)

S: Patient states: "Pain level in CS 5/10 on 0-10 scale.

O: Patient received 2tx sessions this week with the following modalities: IFC with MHP to CS, STM with MFR to CS, jt mobs with grade 1& 2 to CS, US to CS/trapezuis msl groups 1 mhz w/cm2. Bilateral shoulder wheel 15x 2 reps each, AROM exercises 10 x 2 reps each (all planes, PRE's with green theraband bilateral shoulder/elbow flexion/extension, scapula stretches/PROM, established HEP

A: Patient able to tolerate treatment well, Required frequent restbreaks between exercises. Demonstrated decreased pain tolerance at this time.

P: Continue with POC to achieve set goals.

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P.T. TREATMENT RECORD & PROGRESS NOTE, Week Ending:

Codes	Dates of Service →	02/24	02/25	Date Plan Established
97010	Hot / cold pack	х	Х	12/10/2010
97014	Electrical Muscle Stimulation	X	х	Month/Year
97035	Ultrasound(each area)	$\frac{1}{x}$	×	DEC/ 2010
97033	Iontophoresis (15 min. each)			
97018	Paraffin Bath			
97022	Whirlpool			
90901	Biofeedback	1		Date of Birth Sex
97140	Manual Therapy	X	X	Date of Birth Sex Male
97124	Massage		77	Diagnosis
97112	Neuromuscular Re-education			LUMBAR STRAIN
97530	Transfer/Bed Mob Training			LOMBAR STRAIN
97116	Gait Training			
97110	Therapeutic Exercise 15 min	х	X	Physician
97110- 1	Therapeutic Ex Add 15 min			Dr WEINGARDEN M.D
97703	Orthotic Training 15 min			Insurance
97012	Traction Mechanical			<u> </u>
97542	W/C Propulsion/Management			Co-Insurance
97002	PT Re-evaluation			<u>Co-nisurance</u>
95831	Manual Muscle testing			
95851	ROM Measurement			<u>Therapist</u>
7001	PT Evaluation			Thorapist
				Treatment:
				As per POT
	Therapist Initials			

Assessment: (in SOAP format)

S: My lower back pain is about 4-5 today

Lumbar 4-5/10 on 0-10 scale.

O. Patient received 2 tx session this week with the following modalities.

IFC with MHP to LS for 15 min, thx us includes 1Mhz @ 1.2w/cm2 to his Lumbar for 8 mts .functional massage to Lumbar for 10-15 mts .Therapeutic exercises are given

FN status: pain level at ls is about 4-5/10 on 0/10 scale and tenderness is about 3/5 on 0/5 scale, spasm at ls 3+/5 on 0-5 scale, arom @ls is restricted mildly due to pain..muscle power is about 4-/5 on 0-5 scale endurance fair-, balance static/dynamic; good .. pt has mod difficulty to go up & down stairs, mod difficulty to get in & out of the car .patient has mod difficulty to get up from the low height chair .also has min difficulty with bed mobility .pt has mod difficulty to sleep on stomach/back, for >30 mts, mod difficulty to sit for >30 mts and mod difficulty to stand for > 30 mt. patient has mod difficulty to reach for object from floor due to pain.

A: patient tolerated the treatment well & is better with the pain level

P: Continue with Skilled therapy to reach set goals.

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PT TREATMENT LOG AND PROGRES NOTE

Codes	Dates of Service →	8/15	8/16	8/17	8/18	8/19	Date Plan Established
97010	Hot / cold pack	<u> </u>	<u> </u>	X		X	8/5/2011
97032	Electrical Muscle Stimulation	X		X		Х	Month/Year 8/2011
97035	Ultrasound(each area)						Last Name
97033	lontophoresis (15 min. each)	<u> </u>					
97018	Pareffin Bath			L			
97022	Whirlpool			!			
90901	Biofeedback]	Date of Birth Sex F
97140	Manual Therapy	X		X		X	F
97124	Massage						<u>Diagnosis</u>
97112	Neuromuscular Re-education						LUMABR STRAIN
97530	Transfer/Bed Mob Training						
.97116	Gait Training	X		Х	4	Х	
97110	Therapeutic Exercise 15 min	X		Х		Х	<u>Physician</u>
97110-1	Therapeutic Ex Add 15 min						. LEWERENZ, DO
97703	Orthotic Training 15 min						<u>Insurance</u>
97012	Traction Mechanical					`,	
97542	W/C Propulsion/Management		,				Co-Insurance
97002	PT Re-evaluation						
95831	Manual Muscle testing						
95851	ROM Measurement						<u>Therapist</u>
97001	PT Evaluation						
							Treatment:
							As per POC
	Therapist Initials	m		VOYVC		BM	

Assessment (SOAP format)

S: Pt reports LB pain 8/10, (B) LE pain 9/10 with tingling and numbness radiating to ankles. O: Pt received 3 tx session this week with the following modalities: MHP/EMS to LB x 20 min; STM to LB x 15 min; ther exc to include: gait training x 10 min, balance training x 10 min; (B) squats, HS curls, heel raises, hip ABD/ADD, sit to stand all performed with use of walker for balance x 10 min. Pt's functional status is as followsTenderness at R quadriceps 4/5, R hip 3/5, para spinals 3/5 on 0-5 scale. Pt demo severe difficulty ambulating > 115 feet and requires use of rolling walker w/seat. Pt has severe limitations asc/desc stairs and requires assist x 1 to complete. Pt has max difficulty standing from low height chair and requires use of arm rest to stand. Static balance in standing Poor; Dynamic balance in standing Poor; Static balance in sitting Fair; Dynamic balance in sitting Fair. Pt c/o max difficulty w/bed mobility and waking 2-3 times per night due to pain. Pt has sever-maxe difficulty standing > 3 min w/out LOB or sitting > 10 min w/out inc pain. Pt endurance for activities Poor. Pt demo confusion when discussing past medical history. Pt requires assist x 1 with all activities at this time.

A: Pt demo improved functional mobility. Pt tol session fair and required frequent rest periods.

P: Continue with skilled therapy per POC to achieve set goals.

11-22-2011

O.T. TREATMENT RECORD & PROGRESS NOTE

	Dates of Service →	8/15		8/17		8/19	Date Plan Established
Codes			<u> </u>		ļ		8/05/2011
97010	Hot / cold pack	X		X	ļ	X	
97014	Electrical Muscle	X	1	X		X	Month/Year
	Stimulation			<u> </u>	ļ	<u> </u>	AUGUST 2011
97035	Ultrasound(each area)				<u></u>	ļ	Last Name
97033	Iontophoresis (15 min. each)		<u> </u>	<u></u>			
97018	Paraffin Bath						
97034	Contrast Bath]				
97022	Whirlpool		ļ			l	
90901	Biofeedback						Date of Birth Sex
97016	Vasopneumatic Therapy		1				FEMALE
97140	Manual Therapy						ll
97124	Massage	X		X		X	<u>Diagnosis</u>
97112	Neuromuscular Re-		1	1			CERVICAL STRAIN R/O
	education			İ			RADICULOPATHY.
97530	Transfer/Bed Mob Training						THORACIC STRAIN.
97116	Gait Training .						DECREASED ADLS
97110	Therapeutic Exercise 15 min	X		X	 	X	Physician
97110-	Therapeutic Ex Add 15 min		1				Dr. LEWERENZ
1	,		-		1		
97704	Orthotic Training 15 min		İ		T		Insurance
97520	Prosthetic Training 15 min						
97012	Traction Mechanical						
97542	W/C Management						Co-Insurance
97003	OT Evaluation						
97004	OT Re-evaluation						
95831	Manual Muscle testing						
95851	ROM Measurement						Therapist
97532	Cognitive Skills Training						
97530	Therapeutic Activities						Treatment:
97535	Self Care Mngmnt Training	X		X		X	As per POT
	Splint Education			77	T		
	Splint charge			·			[[
	Therapist Initials	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,					

Assessment: (in SOAP format)

S: Patient states: "I'm very sore, I have a black eye and I don't know how I got it" Pain level in CS 7/10 on 0-10 scale.

O: Patient received 3 to sessions this week with the following modalities: IFC with MHP to CS. STM with MFR to CS. Cervical AROM and stretches 10 \ 2 reps each. Bil UE AROM and stretches 10x 2 reps each. Shoulder wheel 10x2 reps, wall walks and wall pulley 10 \ x2 reps each to increase ROM and decrease pain and stiffness. PRE with yellow theraband bilateral shoulder, elbow flex/ext/abd/add. Instruct with ADL compensatory techniques to reduce pain and stiffness. Pt continues to need min/mod verbal cues to redirect complete tasks. A: Patient demo with dec pain, tend in neck and shoulder msls this week. Patient needed frequent rest breaks in

between tx sessions. Tolerated tx well with min discomfort.

P: Continue with POC to achieve set goals.

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P.T. TREATMENT RECORD & PROGRESS NOTE

Codes	Dates of Service →	5/2	5/3	5/4	5/5	5/6	Date Plan Established
97010	Hot / cold pack	X		X	X	<u> </u>	4/11/2011
97032	Electrical Muscle Stimulation	X		X	X		Month/Year
			<u> </u>			<u> </u>	5/2011
97035	Ultrasound(each area)	X		X	X		Last Name
97033	Iontophoresis (15 min. each)						
97018	Paraffin Bath						
97022	Whirlpool						
90901	Biofeedback						Date of Birth Sex
97140	Manual Therapy	X		X	X		M M
97124	Massage						<u>Diagnosis</u>
97112	Neuromuscular Re-education			T			WHIPLASH/UPPER
97530	Transfer/Bed Mob Training						THORACIC/LS STRAIN
97116	Gait Training			Ī]
97110	Therapeutic Exercise 15 min	X		_X			<u>Physician</u>
97110-1	Therapeutic Ex Add 15 min						SEAN J HOBAN, MD
97703	Orthotic Training 15 min		_				Insurance
97012	Traction Mechanical			<u> </u>		Ī	
97542	W/C Propulsion/Management						Co-Insurance
97002	PT Re-evaluation				i]
95831	Manual Muscle testing						
95851	ROM Measurement				i		Therapist
97001	PT Evaluation						
				1			Treatment:
							As per POC
			······				[]
	Therapist Initials			MM	MIL		1[

Assessment (SOAP format)

S: Pt reports LB pain 7/10 on 0-10 scale.

O. Pt received 3 tx sessions this week with the following modalities: MHP/EMS to LB x 20 min; STM to LB x 15 min. Therapeutic exercises: core strengthening x 5 min, hip add/abd x 10 reps x 1 set, heel to to e x 10 reps x 1 set, marching in sitting and standing x 10 reps x 1 set, trunk ROM. Pt's functional status is as follows: Tenderness at, para spinals 3+/5 on 0-5 scale. Pt reports LB spasms 4/5 after prolong activity. Pt has mod difficulty ambulating > 135 feet; mod difficulty asc/desc stairs; mod difficulty sitting > 10 min and standing > 10 min. Pt has mod difficulty w/over head reaching; bathing/grooming due to pain. Pt demo severe limitations w/trunk flex/ext and lifting objects > 5#. Pt has severe limitations w/bed mobility due to pain and c/o waking 3-4 times per night.

A: Pt demonstrated decrease tenderness and tol sessions well.

P: Continue with skilled therapy per POC to achieve set goals.

Therapist's Signature

O.T. TREATMENT RECORD & PROGRESS NOTE

Codes	Dates of Service →	5/2		5/4		5/6	Date Plan Established
97010	Hot / cold pack	x		X		X	
97014	Electrical Muscle	$-\hat{\mathbf{x}}$		$\frac{\lambda}{x}$	 	X	Month/Year
7,017	Stimulation	^		1 ^	1	1 ^	5/11
97035	Ultrasound(each area)	X		X	 	X	Last Name
97033	Iontophoresis (15 min, each)		 	 	 	 	
97018	Paraffin Bath		+		 		1
97034	Contrast Bath		 -	 	 	 	1
97022	Whirlpool		 	 	 	 	1
90901	Biofeedback		 -	 	<u> </u>	 	Date of Birth Sex
97016	Vasopneumatic Therapy		+		 		MALE
97140	Manual Therapy	X	 	X	 	X	1
97124	Massage		1		1		Diagnosis
97112	Neuromuscular Re-		1		<u> </u>		WHIPLASH, CERVICAL
	education			J	<u> </u>	ļ	STRAIN
97530	Transfer/Bed Mob Training						
97116	Gait Training]
97110	Therapeutic Exercise 15 min	X		X		X	Physician Physician
97110-	Therapeutic Ex Add 15 min]	Dr. SEAN HOBAN
1					<u> </u>		
97704	Orthotic Training 15 min						Insurance
97520	Prosthetic Training 15 min]]
97012	Traction Mechanical						
97542	W/C Management				L		Co-Insurance
97003	OT Evaluation					<u></u>	
97004	OT Re-evaluation						
95831	Manual Muscle testing		<u> </u>	L	<u> </u>	L	
95851	ROM Measurement			<u> </u>	<u> </u>		Therapist
97532	Cognitive Skills Training		<u> </u>		<u> </u>		<u> </u>
97530	Therapeutic Activities		<u> </u>		ļ		Treatment:
97535	Self Care Mngmnt Training	X		X	<u> </u>	X	As per POT
	Splint Education		<u> </u>		<u> </u>		1
	Splint charge		<u> </u>		<u> </u>		
1	Therapist Initials		<u> </u>	<u> </u>	<u> </u>	<u> </u>	

Assessment: (in SOAP format)

S: Patient states: "I am ok today." Pain level in CS 7-8/10 on 0-10 scale.

O: Patient received 3 tx sessions this week with the following modalities: IFC with MHP to CS, STM with MFR to CS, jt mobs with grade 1& 2 to CS, US to CS/trapezuis msl groups 3.3 mhz w/cm2. Cervical stretches and AROM, Bilateral shoulder wheel 10x 1 reps each, AROM exercises 10 x 1 reps each (all planes), PRE's with yellow theraband bilateral shoulder/elbow flexion/extension. Instruct with ADL compensatory technique. Core strengthening exercises 10x.

A: Patient demo with dec pain, tend in neck and shoulder msls this week. Patient needed frequent rest breaks in between tx sessions. Tolerated tx well with min discomfort.

P: Continue with POC to achieve set goals.

Therapist's Signature

O.T. TREATMENT RECORD & PROGRESS NOTE

	T. INGATOLENT R						
	Dates of Service →				9/01	9/02	Date Plan Established
Codes	1		<u> </u>	<u> </u>		<u> </u>	9/01/2011
97010	Hot / cold pack	ļ	ļ		X	X	
97014	Electrical Muscle)	1 .	X	X	Month/Year
	Stimulation		<u> </u>				SEPTEMBER 2011
97035	Ultrasound(each area)	<u> </u>	<u> </u>	<u></u>		X	Last Name
97033	Iontophoresis (15 min. each)						
97018	Paraffin Bath			T			
97034	Contrast Bath						[[
97022	Whirlpool						
90901	Biofeedback						Date of Birth Sex
97016	Vasopneumatic Therapy						FEMALE
97140	Manual Therapy						<u> </u>
97124	Massage					X	Diagnosis
97112	Neuromuscular Re-						CERVICAL STRAIN
	education		<u> </u>				THORACIC STRAIN
97530	Transfer/Bed Mob Training						DISCOGENIC DISEASE
97116	Gait Training						
97110	Therapeutic Exercise 15 min						Physician
97110-	Therapeutic Ex Add 15 min						Dr. TERRY REZNICK
1						ļ <u>.</u>	
97704	Orthotic Training 15 min			<u> </u>		I	Insurance
97520	Prosthetic Training 15 min						
97012	Traction Mechanical			T	J		<u></u>
97542	W/C Management						Co-Insurance
97003	OT Evaluation				X		
97004	OT Re-evaluation						
95831	Manual Muscle testing						
95851	ROM Measurement						<u>Therapist</u>
97532	Cognitive Skills Training						
97530	Therapeutic Activities						Treatment:
97535	Self Care Mngmnt Training				X		As per POT
	Splint Education						-
	Splint charge		_)
	Therapist Initials						

Assessment: (in SOAP format)
S: Patient states: "My shoulder and back are very sore, I barely can move at times." Pain level in CS/TS L Shoulder 7-8/10 on 0-10 scale. O Patient was evaluated in 30 mins and POC established. Patient received 2 tx sessions this week with the following modalities: IFC with MHP to CS/TS & BIL Shoulder, STM with MFR to CS/TS & BIL Shoulder, US to CS/trapezuis msl groups 3.3 mhz w/cm2. Patient fn status is as follows: Tendemess at CS/L Shoulder 4/50n 0-5 scale. Spasm at B upper & lower Trapezius is 4/5 at 0-5 scale. Patient is currently experiencing pain in the neck and shoulder which she rates as a 7-8/10 intensity, with radiating pain down the L UE, decreased UE strength (1.3+/5), ROM is limited in flex 140°, and 120° with c/o pain and stiffness, she requires assistance with ADL's at times (SBA/min A) including basic meal prep and home maintenance, has difficulty with tasks which require overhead reaching/lifting, and she is experiencing some decreased endurance (endurance Fair) Patient also reports numbness and tingling down her L arm, which is having a negative effect on her GMC/FMC during daily tasks. Patient to benefit from OT to improve neck, shoulder, back, and UE strength, ROM, endurance, coordination, ADL ability, balance & safety awareness and to decrease pain. SPECIAL TEST: Cervical Compression test -ve PRECAUTIONS: Patient is advised to avoid sudden jerky, twisting and turning neither movements at neck and spine, nor lift heavy weight at this time. Patient displays motivation to improve her current level of function to previous status and is a good candidate for skilled OT intervention.

A: Patient demo with dec pain, tend in neck and back msls week. Patient needed frequent rest breaks in between tx sessions. Tolerated tx well with min discomfort.

P: Continue with POC to achieve set goals.

PT TREATMENT LOG AND PROGRES NOTE

Codes	Dates of Service →	8/29	8/30	8/31	9/1	9/2	Date Plan Established
97010	Hot / cold pack	X			X	X	8/29/2011
97032	Electrical Muscle Stimulation	X			Х	X	Month/Year 8/2011
97035	Ultrasound(each area)	X			X	X	Last Name
97033	Iontophoresis (15 min. each)				1		
97018	Paraffin Bath						
97022	Whirlpool						
90901	Biofeedback	İ				*****	Date of Birth Sex
97140	Manual Therapy						F
97124	Massage						Diagnosis
97112	Neuromuscular Re-education						LUMBAR STRAIN
97530	Transfer/Bed Mob Training					l	
97116	Gait Training						
97110	Therapeutic Exercise 15 min						Physician *
97110-1	Therapeutic Ex Add 15 min						TERRY REZNICK, DO
97703	Orthotic Training 15 min						Insurance
97012	Traction Mechanical						
97542	W/C Propulsion/Management						Co-Insurance
97002	PT Re-evaluation						
95831	Manual Muscle testing						
95851	ROM Measurement			·			Therapist
97001	PT Evaluation	Х		, ,			
							Treatment:
							As per POC
	Therapist Initials				BM	BN	·

Assessment (SOAP format)

S: Pt reports pain in LB 8/10, pain in rhomboids 7/10 on 0-10 scale.

O: Pt was evaluated and POC established in 30 minutes. Pt received 1 tx session this week with the following modalities: MHP/EMS to LB x 20 min; STM to LB x 15 min; Ther US to LB x 8 min; ther exc to include: side bends, trunk ROM, seated trunk flex/ext and over head reach x 10 min. Pt's current level of function is as follows: Tenderness at para spinals is 3/5, lower trap 3/5, rhomboids 3/5 on 0-5 scale. Pt demo mod difficulty ambulating > 135 feet w/out inc pain. Pt demo mod difficulty asc/desc stairs/ standing from low height chair. Pt has max difficulty w/trunk flex and ext in standing. Pt demo mod difficulty w/trunk rotation due to pain. Pt demo mod difficulty w/reaching behind back. Pt is unable to touch toes at this time.

A: Pt tol sessions well.

P: Continue with skilled therapy per POC to achieve set goals.

Brenda Mylla, P74
Therapist's Signature

12-12-2011